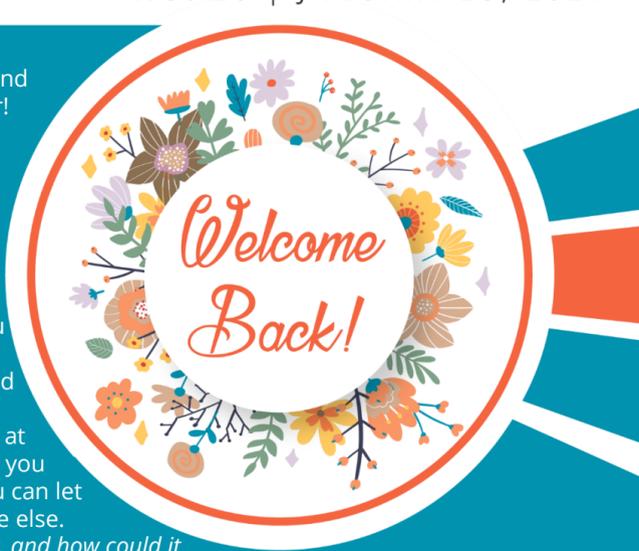


Welcome to 2021, welcome to the spring semester, and welcome to our revamped undergraduate newsletter! We are so excited that you are with us this semester. Many of us are thinking about our goals for the new year, and just for a fresh perspective, here's a different way to look at it: Dr. Francisco Rodriguez, Chancellor of the Los Angeles Community College District, asks groups to think about what they should stop doing. Not what to add to your daily routine, or your ever-growing to-do list, or all the obligations you have. What can you stop doing? For example, as a student myself, I should stop thinking my papers need to be perfect from the moment I start writing them. That kind of thinking keeps me from writing anything at all! That won't help me, when deadlines loom. Maybe you have a different pattern you should stop. A worry you can let go of. An obligation that you can hand off to someone else. A habit that you want to end. *What can you stop doing, and how could it benefit your life in 2021?*



One thing that we will NOT stop is supporting you in any way we can during spring semester. We have valuable seminars scheduled throughout spring that will be packed full of good information—almost like going to a conference! You'll get to choose your area of focus for each seminar. We'll continue our "Real Talk, Real Support" sessions, which helps everyone connect, manage their stress, and share challenges and solutions. We'll continue to let you know about other CSUDH resources and events that will enhance your educational journey. As always, we'll keep being available for Zoom sessions, phone calls, and emails, to help you navigate spring 2021 successfully. Stick with it, stay in touch, and see you soon!

Announcements

Virtual Welcome Back Mixer All Undergraduate Scholars Welcome

Scholars, please join us on Thursday, January 28th at 1 p.m. as we welcome in the spring 2021 semester. During this Virtual Mixer, you will get the chance to learn about resources, socialize with your peers, and much more! [ZOOM LINK](#)

CSI³ Advisors Office Hours | CSUDH Week One

As you enter the spring semester, we want to remind you that we are here to help YOU! The CSI³ advisors will be hosting office hours throughout the first week (Monday, January 25 - Friday, January 29, 2021) of the semester. Check out our [CSI³ Advisors Office Hours](#), and feel free to join us via Zoom. We are happy to answer any questions or concerns you may come across.

Seminar #1 | Mini Conference

We have valuable seminars scheduled throughout spring that will be packed with good information—almost like going to a conference. Breakout sessions include graduate school, professional development for future educators, cool STEM sessions, and much more. Join us for our first seminar scheduled for Friday, February 12th, 2021 at 3:00 p.m. You do not want to miss out!

CBEST Preparation Sessions | Coming Soon

ATTENTION future teachers! We are proud to announce that CSI³ is ready to offer CBEST prep sessions. These prep sessions are virtual and FREE! If you would like to receive CBEST support, please fill out this [interest form](#). We highly encourage those who will be taking CBEST this semester to register for this prep as soon as possible.

Don't Miss Out: A Design Your Life Course just for TTS Spring 2021 Course

ATTENTION TTS Scholars! As you get ready to embark on the Spring semester, we would like to invite you to consider taking the Design Your Life course through the Transfer To Success Program! During the Spring semester, TTS is offering TTS Scholars ONLY, the opportunity to take advantage of a 1-unit section of the wonderful course, Design Your Life. This course is designed more like a workshop than a class and will allow you to gain tons of knowledge of how to move forward with planning your future. We encourage you to register for this course quickly, since we only have 60 spots, and are on a first-come basis. If you are interested in this awesome opportunity, please email us to get you started!

CSI³ Toro Tutors | Need A Job? Apply Today

Want to make a difference? Become a K-12 grade Toro Tutor. CSI³ is currently hiring over 100+ kindergarten to 12th grade tutors to provide tutoring services for the school districts of Compton and Centinela Valley (Hawthorne and Lawndale). If interested, please complete and submit the application in order to be invited to our upcoming information session. Don't miss out and [APPLY NOW!](#)

CSUDH Support Groups

Student Psychological Services will be hosting [virtual support groups](#) and workshops via Zoom. Space is limited. We encourage you to sign up and attend!

Order Your Textbooks

The University Bookstore remains open and is ready to help you prepare for the semester. Students are currently restricted from shopping inside the Bookstore. The Ship-To-Home process is used for all online transactions including textbooks, supplies, and college gear. Check out their new [process!](#)

Career Corner

Meet your Career Center team and check out their [welcome message](#) to learn about the services they provide.

Want to learn how to book an appointment with a Career Coach through Handshake? [Check out this video: Click here!](#)



Graduate School Corner

Are you interested in Graduate or Professional school? If so, look no further! TTS now has a Graduate Coordinator who can help you explore your options. Feel free to reach out and schedule an appointment today!



Tiffany Island
tisland@csudh.edu

Destress Corner

No need for a Google search on how to calm down! CSUDH is here for you! Check out all the great links at the [student resources](#) page.

Check out some of our favorites:



Improve your focus, happiness, or gratitude by listening to music, meditation sessions, or a calming background image.



NAMI shares insight from mental health professionals on a wide array of topics. From mental illness to defeating stigmas, these blog posts offer education, suggestions, and real life stories on living with mental illness.

Community Building

Welcome back to school, scholars! What can you stop doing, and how could it benefit your life in 2021? Please share your thoughts [here](#). Feel free to comment on your peers' posts. We can't wait to hear from you!

Scholars OF THE Month



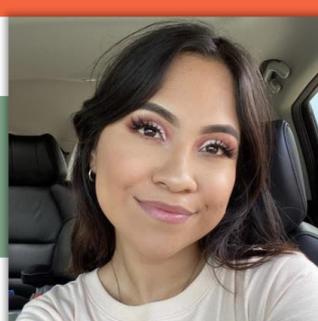
KRISTA D'ANGELO | JUNIOR

BUSINESS ADMINISTRATION HUMAN RESOURCES



JOCELINE TABOADA | SENIOR

LIBERAL STUDIES



EDLIN MERCEDES HERNANDEZ | JUNIOR

PSYCHOLOGY



NICHOLAS ANAYA-LICEA | SENIOR

BIOLOGY WITH A CONCENTRATION IN CELLULAR AND MOLECULAR



[NOMINATE A SCHOLAR!](#)



- ➔ [2020-2021 Academic Calendar](#)
- ➔ [CSUDH Financial Aid](#)
- ➔ [FAFSA Application](#)
- ➔ [CSUDH Bookstore: Textbook & Course Materials](#)
- ➔ [University Advising Center](#)



[Community Mobile Challenge \(CMC\) Project Survey](#)

Remember we are here to support you. Don't forget to reach out if you need ANYTHING. [Click Here](#) to schedule an appointment.